



# Dispatches from Our Lady's

## Parent Workshop

Friday 13th February 2026



We are pleased to offer an **in school workshop for parents and carers on Friday 13th February 2026**, where you will be able to:

- **Access the online training with support**
- **Ask any questions you may have**
- **Explore how to keep your child safe online, including understanding new AI-related risks and opportunities**

This session will take place in school between **3.20pm and 4.15pm**. We warmly encourage you to attend.

To book to attend, please email me directly.

We hope you find these resources helpful and supportive as we continue working together to keep our children safe online.

**Alex Goodman**

**Computing Leader**

### The Autism Shed

Following on from previous correspondence - Carrie Overton will be running a free Parenting Workshop on **Tuesday 3rd February 2026 at 9:15am**.

To book please email:

[info@carrieovertoncoaching.com](mailto:info@carrieovertoncoaching.com)

## Match Report

'OLQOH took a group of Y5&6 children to a netball festival on Wednesday 14<sup>th</sup> January at ICC. The event was run by students from ICC who taught the skills, organised the teams and then refereed the friendly matches after the drill sessions.

There was a carousel of activities each taught to small groups of children by the students. They covered dodging, marking, spatial awareness, throwing, catching, shooting, stamina and movement skills. The children rotated around the activities, spending 15 minutes at each event. After a short break the children got into teams and played friendly, non-scoring matches to learn about rules, positioning, tackling and the most important of all – communication and supporting one another.

The matches were non scoring so the children could concentrate more on communication, boundaries, dodging and marking. For some children this was their first experience of match play whilst others have only played matches once before. There was a lot to learn including all the netball rules and positioning which is tricky at first, as there are many restrictions about where each position is allowed to go, who is allowed to shoot and many other rules.

The children all worked well together during both the skill sessions and the matches. They all played with energy and enthusiasm, trying really hard and working well. I was very pleased with their behaviour generally, their hard work and their support for one another. We had outstanding play from Julia and Harry. Dua made an enormous effort and improved a lot during the match play.

Many thanks as always to staff and parents for their support.' (Ann Westgate - Sports Coach)



## Art Ambassadors' trip to London

Saturday 17<sup>th</sup> January 2026

Excitement had been building, leading up to the trip to Sadler's Wells theatre in London and the show did not disappoint.

We watched Matthew Bourne's new ballet, entitled 'The Red Shoes'. The show was filled with energetic and beautiful dances, some comedy and drama too. The numerous costume and scene changes were seamless and clever. It was impossible to take your eyes away from the stage as there was so much to see. We ate delicious ice cream in the interval.

Despite some challenges with travel (due to cancelled trains), we enjoyed our journeys to and from London, munching snacks and sketching in our little sketchbooks.

Members of the public remarked on how polite and well behaved the children were, from youngest to oldest (Years 2 to 6).

Thank you to Miss Lee and Mrs Mwale for accompanying us. It was a fantastic day out!

